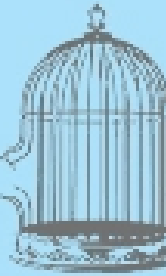


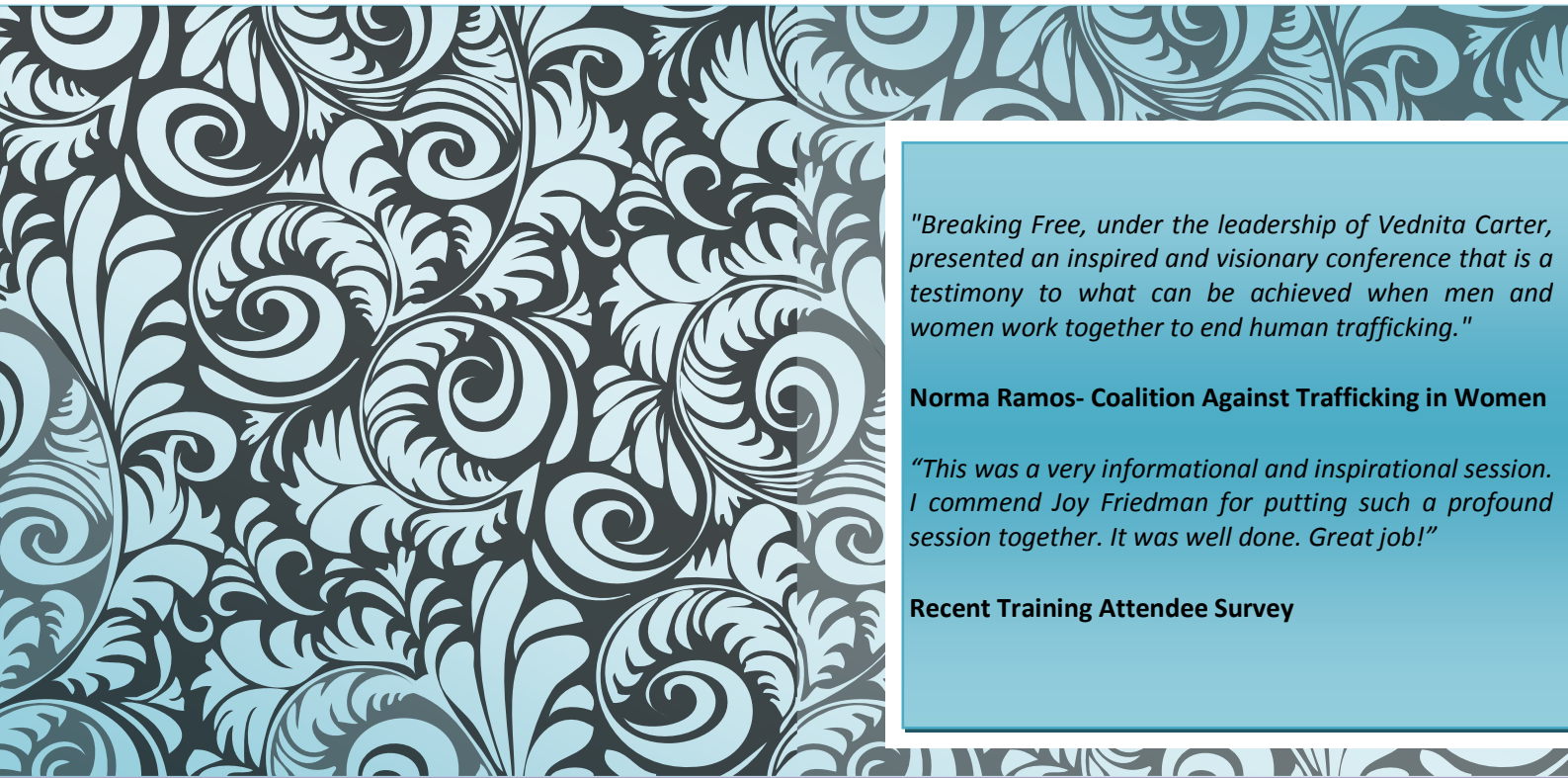


# Breaking Free

sisters helping sisters break free



Presentations, Trainings and Professional Consulting



*"Breaking Free, under the leadership of Vednita Carter, presented an inspired and visionary conference that is a testimony to what can be achieved when men and women work together to end human trafficking."*

**Norma Ramos- Coalition Against Trafficking in Women**

*"This was a very informational and inspirational session. I commend Joy Friedman for putting such a profound session together. It was well done. Great job!"*

**Recent Training Attendee Survey**

## Services and Options

### ***Presentations***

Breaking Free provides expert trainings, presentations and survivor testimony around the world on the issue of sex trafficking and the many diverse subjects related to it. Specialized trainings are customized for diverse audiences including Law Enforcement, the FBI, Media, Service Providers, Faith-based and Secular Communities, Healthcare Workers, Legislators and the Criminal Justice System, the General Public and Sex Trafficking Offenders.

**Topics include but are not limited to the following sessions, which are typically 1-3 hours in duration. Customized topics and full and half day trainings are also available upon request.**

- ❖ Prostitution/Sex-Trafficking 101- forms of prostitution and barriers to escaping
- ❖ The Dynamics of Prostitution & Sex-Trafficking- a more in depth look at the system of prostitution/sex-trafficking, the effects of it, domestic vs. international, and challenges
- ❖ Working with Survivors & Victim Centered Curriculum
- ❖ Pimps, Traffickers & the Cost to the Community
- ❖ Street Life & The Criminal Justice System
- ❖ Legalization of Prostitution- Laws vs. Reality
- ❖ Pornography, The Adult Sex Industry, and the Women & Children Involved
- ❖ Ending the Demand- Offender's Prostitution Program / John's School
- ❖ The Faith Communities Response to Sex Trafficking
- ❖ \*Keynote- please inquire for details



## ***Program Development and Consulting Services***

Vednita Carter, Founder and Executive Director has been working with women and girls involved in sex trafficking/prostitution for over 20 years. She began working with this population in jails and prison ministry and then worked developing programs at WHISPER, a small Minneapolis based non-profit serving the immediate needs of prostituted females on the streets. In 1996, when WHISPER closed its doors, Breaking Free opened theirs and has since provided thousands of women, girls and their children a new life. Breaking Free currently provides a comprehensive list of services to sex trafficked/prostituted women and girls including permanent and transitional housing, advocacy, case management, food clothing, crisis intervention, education, job/life skills, and most importantly..... hope.

With the explosion of the anti-human trafficking movement that is growing each day to address the increasing need for services for victims, Breaking Free is asked almost daily for assistance to help train the many faith-based and secular non-profits and shelters that are opening up to serve survivors. Vednita and her staff (*comprised largely of survivors who have gone through the program*) have unparalleled experience and expertise in this area and have developed curriculum and consulting packages to assist others in learning how to do this crucial work through a victim-centered service model and curriculum. **Consulting packages are customizable and may include the following services as well as specific requests (not a comprehensive list):**

- ❖ Non-profit Status and Board Development Basics
- ❖ “The Game” 101 Understanding the Lifestyle, Language and Pimps
- ❖ Sex Trafficking Specific Intake and Screening Processes
- ❖ Crisis Intervention and Emergency Safety Plans
- ❖ Advocacy and Case Management
- ❖ Mental Health/ Chemical Dependency Training
- ❖ Boundaries: Working with Survivors and Volunteers
- ❖ Women and Youth Program Curriculum Development
- ❖ Outreach Best Practices (street, on-line, corrections, service providers)
- ❖ Offender Prostitution Program (John’s School) and Stopping the Demand
- ❖ Working Collaboratively With Police, FBI, and Task Forces
- ❖ Educating the Community & Relationship Building
- ❖ Fundraising, Grant Writing and Marketing Collateral Development

## Consultants and Trainers



### Founder/Executive Director-Vednita Carter

Vednita Carter, Founder/Executive Director of Breaking Free, has extensive experience in developing and planning programs for prostituted/trafficked women and girls. Breaking Free is an Afro-Centric non-profit agency that assists women and girls to escape systems of prostitution. Ms. Carter developed and directed the Women's Services Program for 6 years at WHISPER (Women Hurt in Systems of Prostitution Engaged in Revolt). She counseled incarcerated women for 5 years at the Rivers of Life prison ministry program. Ms. Carter is the author of *Prostitution: Where Racism and Sexism Intersect*, published in the Michigan Journal of Gender and Law; she co-authored *Prostitution Racism and Feminist Discourse*, published by the Hastings Women's Law Journal. Her most recent writing includes a chapter in the

*Journal of Trauma Practice* published by the Haworth Maltreatment & Trauma Press and *Sisterhood Is Forever: The Women's Anthology for A New Millennium*, published by Washington Square Press. She has written numerous articles on African American women and prostitution published nationwide in feminist newspapers and newsletters. She has premiered in the documentary "*Rape Is*" produced by Cambridge Documentary Films.

Vednita is available for a variety of trainings, workshops and consulting. Prices vary depending upon the size of the event, location, duration, and type of audience. Please inquire for specific details.

Trainings are customizable for Law Enforcement, Service Providers, Parents Groups, Community Groups, Churches, Youth Programs, Adult Learning, Schools, Colleges, Treatment Facilities, Jails/Dept. of Correction, Health & Human Services, Conferences, and Survivors of Abuse and Sexual Trauma.

Women's Program Manager -Joy Friedman

Joy Friedman knows firsthand the importance of Breaking Free's Women's Program as she is one of the first women to successfully complete the graduation process and begin working on staff at Breaking Free. For the past 9 years Ms. Friedman has proved to be an invaluable resource and has worked for Breaking Free as a Case Manager, Outreach Specialist, Program Manager, and policy Coordinator for the Offender's Program (John's School). Joy has extensive experience in providing services to women who have been victimized in systems of prostitution. She is a sought after public speaker and has provided numerous trainings and presentations on prostitution/sex-trafficking as violence against women and girls and serves as Breaking Free's primary liaison with the St. Paul Police/Vice Unit and FBI.



Joy is available for a variety of trainings, workshops and consulting. Prices vary depending upon the size of the event, location, duration, and type of audience. Please inquire for specific details.

Trainings are customizable for Law Enforcement, Service Providers, Parents Groups, Community Groups, Churches, Youth Programs, Adult Learning, Schools, Colleges, Treatment Facilities, Jails/Dept. of Correction, Health & Human Services, Conferences, and Survivors of Abuse and Sexual Trauma.

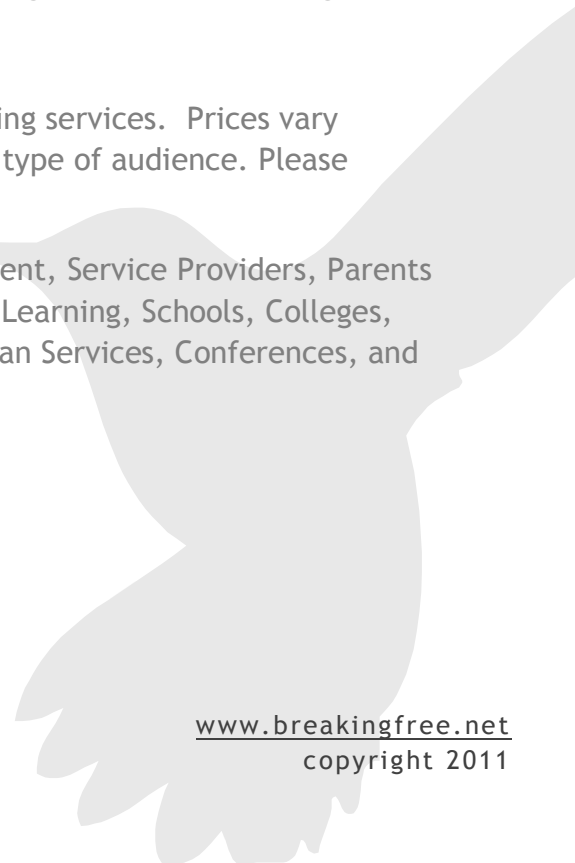


Marketing & Development Manager-  
Heather Caillier

Heather owned several successful for-profit businesses until being called to change careers to fight for the oppressed. Since then, she has been educating people and fighting against slavery and all forms of sexual exploitation. She has been involved in the anti-human trafficking movement for several years and has been on staff at Breaking Free for the past 3 years. Heather has an extensive background in sales, marketing, business administration, event coordination, and property management. She is now combining her entrepreneurial and marketing knowledge with her passion for social justice as Breaking Free's Marketing & Development Manager working to raise awareness and funds, reach out to the faith community, and assist Breaking Free with program development, grants and fundraising.

Heather is available for a variety of presentations and consulting services. Prices vary depending upon the size of the event, location, duration, and type of audience. Please inquire for specific details.

All Breaking Free trainings are customizable for Law Enforcement, Service Providers, Parents Groups, Community Groups, Churches, Youth Programs, Adult Learning, Schools, Colleges, Treatment Facilities, Jails/Dept. of Correction, Health & Human Services, Conferences, and Survivors of Abuse and Sexual Trauma.



### Survivors Speakers Bureau

One of the ways that survivors find their voice is by having the opportunity to share their story and experiences in a healthy and empowering way with people who care. Breaking Free has created a Survivors Speakers Bureau to help educate the public and media about the realities of human trafficking and being involved in “the life”. Breaking Free empowers women and girls who successfully complete the program by training them in public speaking and advocating for others. To be respectful of their privacy, confidentiality, and safety, we ask that all booking and communication with our speakers go through Breaking Free. Whenever possible, we ask that an honorarium and/or travel/mileage reimbursement is offered for the speaker. Breaking Free reserves the right to schedule survivor testimony based on availability.



Photo of a Survivor sharing her story on the steps of the MN State Capitol

## Fee Structure

Sliding scale fees may be available parties upon request.

### Introductory Topics and Presentations

- ❖ Prostitution/Sex-Trafficking 101- forms of prostitution and barriers to escaping
- ❖ The Faith Communities Response to Sex Trafficking
- ❖ *Prices begin at \$150 + mileage outside of the Twin Cities and usually last 1- 1 ½ hours*

### Advanced Topics and Presentations

- ❖ The Dynamics of Prostitution & Sex-Trafficking- a more in depth look at the system of prostitution/sex-trafficking, the effects of it, domestic vs. international, and challenges
- ❖ Working with Survivors & Victim Centered Curriculum
- ❖ Pimps, Traffickers & the Cost to the Community
- ❖ Street Life & The Criminal Justice System
- ❖ Legalization of Prostitution- Laws vs. Reality
- ❖ Pornography, The Adult Sex Industry, and the Women & Children Involved
- ❖ Ending the Demand- Offender's Prostitution Program / John's School
- ❖ *Prices begin at \$300 + travel/mileage outside of the Twin Cities and usually last 2-3 hours*

### Interactive Workshops & Trainings

- ❖ Include any of the above topics or others by request, as well as case studies, interactive learning activities, and training material handouts.
- ❖ *Prices begin at \$1500 + travel/mileage outside of the Twin Cities and usually last 4-8 hours. Please contact us for an exact quote.*

### \*Keynote Speaker: Prices vary, please contact us for an exact quote.

- ❖ Vednita Carter, Joy Friedman and Heather Caillier are available on a variety of topics

## Consulting Services

Consulting packages are customizable and may include the following services as well as specific requests (not a comprehensive list):

- ❖ Non-profit Status and Board Development Basics
- ❖ Human Resources and Hiring/Training Staff
- ❖ “The Game” 101 Understanding the Lifestyle, Language and Pimps
- ❖ Sex Trafficking Specific Intake and Screening Processes
- ❖ Crisis Intervention and Emergency Safety Plans
- ❖ Advocacy and Case Management
- ❖ Mental Health/ Chemical Dependency Training
- ❖ Boundaries: Working with Survivors and Volunteers
- ❖ Women and Youth Program Curriculum Development
- ❖ Outreach Best Practices (street, on-line, corrections, service providers)
- ❖ Offender Prostitution Program (John’s School) and Stopping the Demand
- ❖ Working Collaboratively With Police, FBI, and Task Forces
- ❖ Educating the Community & Relationship Building
- ❖ Fundraising, Grants and Marketing Collateral Development
- ❖ *Consulting pricing begins at \$150 per hour + travel/mileage if outside the Twin Cities. On-site, web, and phone options are available.*

**\*The Breaking Free Sex Trafficking Certification Program** is an all-inclusive package that includes on-site consulting services and customized curriculum development of your choice including any of the above topics. Prices begin at \$3500 + travel/mileage if outside the Twin Cities. Please inquire for details and pricing.

Please contact Heather Caillier at [events@breakingfree.net](mailto:events@breakingfree.net) or 612-644-7043 for booking information, quotes or questions.